

LocuTour's Oral-Peripheral Evaluation Checklist

The following checkboxes are available to assist in the initial evaluation of the client.

Oral-Peripheral Evaluation—Face

Face

A: The oral-peripheral evaluation indicated that the face was:

- Symmetrical- Normal
- Asymmetrical and droops to the right
- Asymmetrical and droops to the left
- Other Observations: _____

Movement/ Breathing

A: The following movement/ breathing patterns were also observed:

- Normal
- Grimaces/ abnormal movements/ tics
- Mouth breathing
- Audible inspiration
- Tongue protrusion
- Labored breathing
- Other Observations: _____

Tone

A: The facial tone was:

- Normal
- Flaccid
- Mask-like
- Tense
- Other Observations: _____

Lips - Protrusion

A: Lips for a pucker (Protrusion) was:

- Symmetrical (even) Normal
- Asymmetrical (uneven) with a weakness on right (unilateral)
- Asymmetrical (uneven) with a weakness on left (unilateral)
- Asymmetrical (uneven) with a bilateral droop
- Other Observations: _____

Lips - Retraction

A: Lips for a smile (Retraction) was:

- Symmetrical (even) - Normal
- Asymmetrical (uneven) with a weakness on right (unilateral)
- Asymmetrical (uneven) with a weakness on left (unilateral)
- Asymmetrical (uneven) with a bilateral droop
- Other Observations: _____

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Lips - strength

A: When asked to puff cheeks and hold air the lip strength was:

- Normal
- Weak/ reduced/ air escaped
- Other Observations: _____
- Normal

Nasal emission

A: Nasal emission was:

- Normal- not present
- Abnormal- nasal emission present
- Other Observations: _____

Drooling

A: Drooling was:

- Absent - Normal
- Present - Constant
- Present - Intermittent
- Other Observations: _____

Oral-Peripheral Evaluation—Teeth

Teeth

A: The Teeth were:

- Normal
- Missing/ Edentulous -- ____ teeth present
- Jumbled/ spaces/ misaligned/ crowded teeth
- Chewing surfaces were adequate for all food textures
- Chewing surfaces were inadequate for some food textures
- Other Observations: _____

Occlusion

A: The Occlusion appeared to:

- be Normal - molars touch
- have an Underbite
- have an Overbite
- have a Crossbite
- Other Observations: _____

Dentures

A: The client wears dentures,

- they fit well
- they don't fit well
- and client consistently wears them
- and client doesn't consistently wear them
- Other Observations: _____

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Oral Hygiene

A: The client's Oral Hygiene:

- is Normal and independent
- Requires assistance
- is Poor and may contribute to poor health
- Other Observations: _____

Mucosa

A: The client's Mucosa

- is Healthy – gingiva (scalloped, firm, knife-like margins, stippled texture)
- is Diseased gingiva (inflammation, rolled margins, no stippling, gingiva is erythematous, edematous and/or painful)
- Other Observations: _____

Saliva

A: The client's Saliva

- is Healthy – watery, clear
- is Diseased – thick, discolored - yellow, green, black, red
- is Absent - xerostomia – dry mouth – painful mouth
- Other Observations: _____

Oral-Peripheral Evaluation—Jaw

Mandibular Movement

A: The evaluation of Mandibular Movement for:

Range of Motion

- was Normal
- was Reduced

Symmetry of Jaw

- was Normal
- Deviates to the right
- Deviates to the left

Movement of Jaw was

- Normal
- Jerky
- Groping
- Slow
- Asymmetrical

Tempromandibular Joint

A: Tempromandibular Joint (TMJ) Noises

- were Absent - Normal
- included Grinding and/or Popping

Other Observations of the jaw:

- _____

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Oral-Peripheral Evaluation—Palate

A: Evaluation of the Hard and Soft Palate indicated:

Color

- Normal color
- Abnormal color

Arch

- Normal arch
- High arch
- Low arch
- Wide arch
- Narrow arch

Growths

- No growths
- Growths present
- Location of growths _____

Fistula

- No fistulas
- Fistulas present
- Location of fistulas _____

Cleft

- No clefts
- Repaired clefts
- Location of repaired clefts _____
- Unrepaired clefts present
- Location of unrepaired clefts _____

A: Soft Palate symmetry at rest was:

- Normal (symmetrical) soft palate symmetry at rest
- Bifid soft palate symmetry at rest
- Asymmetrical uvula deviates to the right
- Asymmetrical uvula deviates to the left

A: Soft Palate symmetry on "Ah" was:

- Normal (symmetrical) soft palate symmetry on "Ah"
- Asymmetrical uvula deviates to the right on "Ah"
- Asymmetrical uvula deviates to the left on "Ah"

A: Nasality was:

- Normal
- Hypernasal
- Hyponasal

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A: Gag Reflex was:

- Normal
- Hyperactive
- Hypoactive
- Absent

A: Other Observations of the palate:

- _____

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Oral-Peripheral Evaluation—Tongue

A: Evaluation of the tongue indicated:

Tongue Size

- Normal tongue size
- Large tongue size
- Small tongue size

Tongue Tone

- Normal tongue tone
- Flaccid tongue tone
- Fasciculations/spasms/writhing movements of the tongue

Color and Texture

- Normal color and texture
- Coated
- Grooved
- White
- Red
- Ulcerated
- Pierced
- Bifurcated

Tongue

A: The client's Tongue

- is Healthy – (pink, moist)
- is Diseased - (coated, blistered, cracked, ridged)
- is often protruding with open-mouth breathing
- is protruding because of enlarged Adenoids
- Other Observations: _____

Lingual Frenulum (the tissue that attaches the tongue to the floor of the mouth)

- Normal frenulum
- Short frenulum - Tongue cannot protrude past lips
- Surgical history of frenulum: _____
- Bifurcated frenulum

A: Movement of the Tongue—Vertical (up/down) indicated:

- Normal range, movement, and speed
- Cannot move tongue tip up
- Cannot move tongue tip down
- Can move, but groping observed
- Limited range
- Limited speed

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A: Movement of the Tongue—Horizontal (right/left) indicated:

- Normal range, movement, and speed
- Cannot move tongue tip right
- Cannot move tongue tip left
- Can move, but groping observed
- Limited range
- Limited speed

A: Movement of the Tongue—Protrusion/Retraction (in/out) indicated:

- Normal range, movement, and speed
- Cannot move tongue tip out
- Cannot move tongue tip in
- Can move, but groping observed
- Limited range
- Limited speed
- Limited strength
- Bifurcates on protrusion

A: Other Observations of the tongue:

- _____
- Insufficient movement to remove food particles from mouth
- Tongue motility problems contribute to oral stage dysphagia

Tension Sites

Tension Sites

A: Musculature tension was evaluated at the following sites:

Face

- Facial tension present
- Facial tension absent

Mandible

- Mandible tension present
- Mandible tension absent

Neck

- Neck tension present
- Neck tension absent

General Body

- General body tension present
- General body tension absent

A: Other Observations of Tension Sites:

- _____